

**Please Join Sedona Meditation from 6 am at
Cathedral Rock in Sedona, Arizona on Spring
Equinox Day on March 20, 2011**



**PDT 6 am
MDT 7 am
CDT 8am
EDT 9 am
Japan Time 10 pm**

Dear Everyone

We all meditate and pray for Japan.

Please, PLEASE be gentle to yourself.

I would like to share a vision I had on 3/14/2011

I am together with a female light worker.

I levitated and am seeing a tower from above.

I touched the tower.

The tower appeared to be invisible.

The tower could be an energetic tower.

I guided the light worker's hands to touch the tower.

She felt the tower and appear to recognize the tower is there.

Tower may appear to be invisible.

But when she touches the tower, she knows it is there.

I do not know what the exact symbolisms of this vision.

But the tower could be associated with what is happening at the towers at the nuclear plants in Japan.

Our light bodies may be there touching the energetic towers.

Our touch is the touch of Light.

Together we may be working to help restore the balance of the systems.

A man or a male being called by phone.

He is down.

He caught a cold and cannot come and join our work.

That is fine.

He sounded tired and stressed.

It is important we rest when we are tired.

We will be at Sedona.

We will meditate with friends and spirits from 6am Arizona time on Spring Equinox Day on Sunday 3/20/2011.

Probably you and your group could join our meditation and prayer in Sedona.

We will be at Cathedral Rock at 6 am.

Please let us know if you could join us.

If you could email us the names of the participants, that will help us to tune in to you.

Love

Please PLEASE be gentle to yourself.

Let us follow the intuition and guidance from Earth.

Let us not to choose to be afraid of Earth.

Let us trust and follow the guidance from Earth.

Let us go where Earth guides.

ALLOW US to help Earth, People and all living beings in Japan and on the Planet Earth.

Earth provides us so much.

We would like to do what we can do help restore the balance of Earth and the Whole System.

Namaste Peace Love

Beings of Light

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